



**CAPITAL
GROUP®**

Know your IRA options



**Put an IRA to work
for your retirement**

1 | What you need to know about IRAs



What's an IRA?

An individual retirement account (IRA) offers tax benefits that can help you save the money you'll need for your retirement. IRAs come in two versions:

- **Traditional IRA.** Contributions may be fully or partially deductible depending on your filing status and income; defer taxes on earnings until withdrawal, usually during retirement.
- **Roth IRA.** Contributions are made with after-tax money; withdrawals of contributions are always free of federal taxes, while the withdrawal of earnings is exempt from federal taxes if it is a qualified distribution. (Refer to page 6.)

Both choices offer tax advantages and investment compounding potential, giving you the flexibility to make withdrawals during retirement as tax rates rise or fall. (Refer to page 4 to learn more and find out about eligibility and deductibility.)

Why would I need an IRA?

- We're living longer, and as a result, your retirement could last 30 years or more. This, however, means your lifestyle during those years may be significantly impacted by the amount you've saved during your working years.
- Social Security is intended to replace only about 40% of your pre-retirement income*, which means accumulating the other 60% is your responsibility.
- **An IRA could:**
 - Be particularly important if your employer doesn't offer a retirement plan — or if you're already saving the maximum in your employer's plan but want to save more.
 - Supplement other retirement income sources such as Social Security, pensions, employer-sponsored plans, sale of property, inheritances and annuities.
 - Help cover health care costs during retirement, as medical bills often become more costly and frequent as we age.

When you might consider an IRA



Changing jobs?

If you have money in a retirement plan when changing employers, consider the pros and cons of all your options, which may include leaving the money in the plan or rolling the assets into a rollover IRA.



About to retire?

As you prepare to retire, you may wish to consider consolidating retirement plan assets into a traditional or Roth IRA.



Spouse not employed?

Although you must earn an income to contribute to an IRA account, the IRS allows couples who file as "married filing jointly" to open an IRA in the nonworking spouse's name.

This material does not constitute legal or tax advice. Tax considerations can be complex and your individual situation may vary. Consult your tax advisor about your specific situation.

Footnote/Important information:

*Source: Social Security Administration, April 2025. Visit the SSA government website for more information.

Investments are not FDIC-insured, nor are they deposits of or guaranteed by a bank or any other entity, so they may lose value.

Benefits of a traditional IRA

- **No income limits** — Everyone is eligible to open a traditional IRA.
- **Annual income tax deductions** — Part or all of annual contributions to a traditional IRA may be deductible on your tax return. (Refer to pages 4 and 5 for more information.)
- **Tax-deferred growth** — You don't have to pay taxes on your earnings until you make withdrawals. Contributions to a traditional IRA may be tax deductible. (Refer to pages 4 and 5 for more information.)
- **Estate planning** — Beneficiaries will not pay taxes at the point of inheritance, but are subject to required minimum distributions, which are taxable. Beneficiaries of a traditional IRA must include in their gross income any taxable distributions they receive.

Benefits of a Roth IRA

- **Tax-free growth** — Earnings are tax-free if you (1) delay withdrawals until at least five years after the first contribution made to a Roth IRA (counting the first year as part of the five) set up for your benefit, and (2) you're at least age 59½, disabled or using the money for a first-home purchase (\$10,000 lifetime limit).
- **Liquidity** — Contributions to your Roth IRA can be withdrawn free from federal taxes at any time, although earnings will be taxable if the withdrawal doesn't meet certain conditions. The withdrawal may also be subject to an early withdrawal penalty unless you met an exception.
- **Delay withdrawals as long as you like** — You are not required to make minimum withdrawals during your lifetime. This gives you the ability to leave money in your Roth IRA, which means your assets can continue to grow tax-free.
- **Estate planning** — Your Roth IRA beneficiaries receive the inheritance without having to pay income taxes but are subject to required minimum distributions. However, distributions (both earnings and contributions) from the inherited Roth IRA will not be taxable if it is a "qualified" distribution.

IRA contribution limits

	If younger than age 50	If age 50 or older
2025	\$7,000	\$8,000
2026	\$7,500	\$8,600

Future contribution limits may be adjusted for cost-of-living increases. Contributions for the current tax year must be made by April 15 of the following year, unless April 15 falls on a Saturday, Sunday or legal holiday. In those cases, the due date is delayed until the next business day.



We chose a traditional IRA

Age: 48

Filing status: Married

Modified adjusted gross income: \$152,000

"We picked a traditional IRA to complement my husband's employer plan. Our traditional IRA allows us to deduct the contribution on our tax return — a definite advantage."



I chose a Roth IRA

Age: 38

Filing status: Single

Modified adjusted gross income: \$88,000

"Although I could take a tax deduction for a traditional IRA, I'm going with a Roth because I like the idea of taking tax-free distributions when I reach age 59½.* Who knows how high federal income taxes will be by the time I retire?"

*Distributions are free from federal taxes as long as you're age 59½ or older and it's been at least five years since the first Roth contribution was made. (Refer to "Withdrawals" on page 6.)

2 | Determine your eligibility for IRAs



What's your MAGI?

Your **modified adjusted gross income (MAGI)** is used to determine your eligibility to claim deductions for traditional IRA contributions and determines how much you may directly contribute to a Roth IRA. MAGI is calculated by subtracting certain expenses and allowable adjustments from your gross income.

You can find more information below and on page 5. To determine your MAGI, review your most recent IRS income tax filing or contact your tax advisor.

Traditional IRA tax deductibility

If you are covered by a retirement plan at work, use this table:

Cutting to the chase

- You may contribute money to a traditional IRA each year as long as you have earned income from employment.
- However, your ability to deduct contributions to a traditional IRA will depend on whether you participate in a retirement plan at work, your tax filing status and your MAGI.
- Your ability to contribute to a Roth IRA depends on your household income. (For more details, refer to the chart at the bottom of page 5.)

If your filing status is ...	And your MAGI for 2025 is ...	And your MAGI for 2026 is ...	Then you can take...
Single or head of household	\$79,000 or less	\$81,000 or less	full deduction
	\$79,001–\$88,999	\$81,001–\$90,999	partial deduction
	\$89,000 or more	\$91,000 or more	no deduction
Married filing jointly or qualifying widow(er)	\$126,000 or less	\$129,000 or less	full deduction
	\$126,001–\$145,999	\$129,001–\$148,999	partial deduction
	\$146,000 or more	\$149,000 or more	no deduction
Married filing separately	\$9,999 or less	\$9,999 or less	partial deduction
	\$10,000 or more	\$10,000 or more	no deduction

Traditional IRA tax deductibility

If you **are not covered by a retirement plan at work** (a spouse or married partner could be covered), use this table:

If your filing status is ...	And your MAGI for 2025 is ...	And your MAGI for 2026 is ...	Then you can take ...
Single, head of household or qualifying widow(er)	any amount	any amount	full deduction
Married filing jointly or separately with a spouse who is not covered by a plan at work	any amount	any amount	full deduction
Married filing jointly with a spouse who is covered by a plan at work	\$236,000 or less	\$242,000 or less	full deduction
	\$236,001–\$245,999	\$242,001–\$251,999	partial deduction
	\$246,000 or more	\$252,000 or more	no deduction
Married filing separately with a spouse who is covered by a plan at work	\$9,999 or less	\$9,999 or less	partial deduction
	\$10,000 or more	\$10,000 or more	no deduction

If you file separately and did not live with your spouse at any time during the year, your IRA deduction is determined under the “single” filing status.

Roth IRA eligibility

If you **are interested in a Roth IRA**, use this table to find out if you’re eligible and, if you are, how much you can contribute:

If your filing status is ...	And your MAGI for 2025 is ...	And your MAGI for 2026 is ...	Then you can contribute ...
Single, head of household, or married filing separately , and you did not live with your spouse at any time during the year	\$150,000 or less	\$153,000 or less	full contribution
	\$150,001–\$164,999	\$153,001–\$167,999	reduced amount
	\$165,000 or more	\$168,000 or more	nothing/not eligible
Married filing jointly or qualifying widow(er)	\$236,000 or less	\$242,000 or less	full contribution
	\$236,001–\$245,999	\$242,001–\$251,999	reduced amount
	\$246,000 or more	\$252,000 or more	nothing/not eligible
Married filing separately , and you lived with your spouse at any time during the year	\$9,999 or less	\$9,999 or less	reduced amount
	\$10,000 or more	\$10,000 or more	nothing/not eligible

3 | Comparing IRA options

This side-by-side chart provides a comparison of each IRA option and the various factors you should keep in mind. For additional information about distributions, tax treatments and more, refer to *IRS Publication 590-A* and *IRS Publication 590-B*.

	Traditional IRA	Roth IRA
Annual tax credit	The maximum is 50% of your annual contribution, not to exceed \$2,000, so long as your household income doesn't exceed certain limits.	
Tax advantages	Earnings, until withdrawn, grow tax-deferred.	Earnings grow tax-deferred and can be withdrawn tax-free if certain conditions are met. <i>Details below.</i>
Withdrawals	<p>Withdrawals are taxable and those made before age 59½ are subject to a 10% federal tax penalty unless the IRA owner is disabled or qualifies for an exception, including but not limited to the following:</p> <ul style="list-style-type: none"> • Taken as substantially equal periodic payments • Used for one of the following payments or purchases: <ul style="list-style-type: none"> – Certain unreimbursed medical bills – Health insurance premiums during unemployment lasting at least 12 weeks – Qualified education expenses – Qualified first-time homebuyer (up to \$10,000) – Birth or adoption expenses (up to \$5,000) • Payments after owner's death (i.e., taken by beneficiaries) 	<p>Qualified withdrawals from a Roth IRA are exempt from federal taxes and penalties, provided that at least five years have passed since January 1 of the year in which the first contribution was made to the account, and the IRA owner meets one of the following conditions:</p> <ul style="list-style-type: none"> • Age 59½ or older • Disability • First-time homebuyer* <p>If these conditions are not met, earnings are taxable and may be subject to a penalty, unless an exception applies. (Refer to the traditional IRA "Withdrawals" section on the left.)</p>
	Withdrawals made by beneficiaries are not subject to the 10% early withdrawal tax penalty. In addition, if the first Roth contribution was made at least five years earlier, these withdrawals aren't subject to taxes either.	
Age limit for contributions	Contributions can be made as long as the owner has earned income at the end of the calendar year for which it is being made.	None, as long as the IRA owner's income meets the annual eligibility requirements.
Required minimum distributions (RMDs)	Must begin taking RMDs no later than April 1 of the year following the year in which the owner reached age 73.	Not required during the Roth IRA owner's lifetime.
	For beneficiaries, distribution rules vary depending on the age of and relationship to owner at death.	
Taxability of retirement plan rollovers	May roll any non-Roth portion of a retirement plan account into a traditional IRA without tax consequences.	<ul style="list-style-type: none"> • Rolling the non-Roth portion of a retirement plan account into a Roth IRA is a taxable event, but the amount is not subject to a 10% early withdrawal penalty. • Rolling over the Roth portion isn't a taxable event.

Key IRA age milestones and tips

Catch-up contributions	Penalty-free withdrawals	Take your RMDs
Age 50	Age 59½	Age 73
Starting at age 50, your annual contribution limit increases, enabling you to put more money into an IRA.	Once you turn 59½, you are permitted to withdraw funds from your IRAs without incurring a penalty, even if you are still working.	You must begin taking RMDs from your traditional IRAs upon reaching age 73, whether or not you have actually retired from work.

Footnote/Important information:

* To purchase, build or rebuild a first home, in accordance with IRS qualification requirements.

4 | Other considerations

Can I convert a traditional IRA to a Roth IRA?

Yes, you may convert a traditional IRA to a Roth IRA regardless of your income or tax-filing status. A Roth conversion may be worth considering if you:

- Can leave the money in the account for at least five years after your first contribution and not withdraw assets until you reach age 59½.
- Expect your tax rate to rise in the future and, as a result, would rather pay income taxes now.
- Can pay the resulting income taxes from a source other than the IRA so that the full amount of the traditional IRA goes into the Roth IRA. You may be able to offset the tax due on the conversion if you have other losses or deductions on your tax return.

Could I be eligible to contribute to both types of IRAs?

Yes, as long as you meet eligibility rules for both traditional and Roth IRAs, and your combined contribution doesn't exceed the annual contribution limits shown on page 3. An advantage of investing in both a tax-deferred account (such as a 401(k) plan or a traditional IRA) and a tax-free account (such as a Roth IRA) is that you'll gain the flexibility to choose which account to make withdrawals from during retirement as your tax rate rises or falls.

Does having multiple IRAs affect the amount that is considered taxable on a Roth IRA conversion?

Yes. Even if all of the assets are not converting, the IRS requires that the tax calculation accounts for the value of all your IRA assets owned on December 31 of the conversion year. Taxable amounts converted are treated as taxable income; consult a tax advisor for your specific scenario.

Should I withdraw money from my IRA before I retire?

In moments of stress, reaching for the easiest solution is often attractive, but not always wise. While financial circumstances may require you to take a withdrawal from your IRA, doing so can carry a penalty and additional taxes. So, before you take an early withdrawal, review the following considerations:

- Is this a financial emergency?
- Have you considered other financial sources?
- What impact will it have on your long-term retirement savings program?

Is your beneficiary designation up to date?

Who will inherit your IRA account? Some investors forget to name a beneficiary or update an obsolete designation. In the event you fail to name a beneficiary, the IRA agreement explains how your account will be distributed.

Are you on track for retirement?

To help, we encourage you to:

- Review your quarterly statements.
- Check in with your financial professional at least once a year.
- Discuss with your financial professional whether you're still eligible to contribute to your IRA.

Ready? Set? Go!

Now that you know more about IRAs and the powerful role one or more could play in your financial well-being during retirement, it may be time to consider opening an IRA with Capital Group, home of American Funds®. Contact your financial professional today to get started.

The Capital System™

Since 1931, Capital Group has helped investors pursue long-term investor success. Our distinctive investment approach — The Capital System — is designed to deliver superior investment results. It rests on three pillars:

Collaborative research

Our portfolio managers, analysts, economists and quantitative research teams closely collaborate on our research process — sharing and debating ideas. This collaboration generates deeper insights that inform our portfolios.

Diverse perspectives

Most portfolios have multiple portfolio managers, each of whom invests part of the portfolio in their strongest individual convictions. Combining these diverse investment approaches in a single portfolio helps us pursue more consistent results, with less volatility.

Long-term view

Investment professionals invest with a long-term view, which we believe aligns our goals with the interests of our clients. Managers are rewarded more for their long-term results,¹ and most personally invest in the funds they manage.² Our fees are among the lowest cost active options in the industry.³

A history of strong investment results

74% of funds outpaced more than half of their respective peers when comparing average 10-year rolling returns. And 71% had higher risk-adjusted returns (as indicated by the Sharpe ratio⁴) over that same time frame.⁵

Footnotes/Important information:

¹ Compensation paid to our investment professionals is heavily influenced by results over one-, three-, five- and eight-year periods, with increasing weight placed on each succeeding measurement period to encourage a long-term investment approach.

² 94% of American Funds® assets are invested in mutual funds in which at least one manager has invested more than \$1 million. Source: Morningstar. Data as of 2/15/26.

³ ~90% of funds are in the lowest quartile on fees, and nearly half are in the lowest decile of their Morningstar fee categories. Based on total net expense ratios for Morningstar Fee Level Group Broad categories for American Funds Class F-3 shares, excluding funds of funds, as of 1/31/26.

⁴ Sharpe ratio uses standard deviation (a measure of volatility) and return in excess of the risk-free rate to determine reward per unit of risk. The higher the number, the better the portfolio's historical risk-adjusted performance.

⁵ Data as of 12/31/25. Based on a comparison of each mutual fund with its respective Morningstar category peers. Data are based on the following share classes: Class F-2, Class M, Class 529-A, Class 1, Class P-2 and Class 4. One share class was used per fund. The analysis uses Morningstar hypothetical methodology to calculate hypothetical fund results for periods before a share class's inception. For those periods, Morningstar uses results for the oldest share class (unless the newer share class is more expensive). Source: Capital Group, based on data from Morningstar. Average 10-year rolling returns are using a 40-year look back window from 1/1/86 to 12/31/25. For each fund, with at least 10 years of returns as of 12/31/25, we calculated the average rolling return and Sharpe ratio over the 40-year period (or the fund's lifetime if it lacks a 40-year history). That average rolling return and Sharpe ratio were compared against the equivalent averages for each fund's respective Morningstar peer category on a percentile basis. Rolling returns and Sharpe ratios are calculated monthly.

Investors should carefully consider investment objectives, risks, charges and expenses. This and other important information is contained in the fund prospectuses and summary prospectuses, which can be obtained from a financial professional and should be read carefully before investing.

There have been periods when the funds have lagged their indexes.

Capital Group manages equity assets through three investment groups. These groups make investment and proxy voting decisions independently. Fixed income investment professionals provide fixed income research and investment management across the Capital organization; however, for securities with equity characteristics, they act solely on behalf of one of the three equity investment groups.

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