

Building a sustainable retirement income plan

Making retirement savings last is the most important goal for many investors. Careful planning and investment selection can help make this goal a reality.

The dividends and growth potential of these American Funds, offered by Capital Group, can help retirees keep pace with rising expenses.

Figures shown are past results for Class A shares and are not predictive of results in future periods. Current and future results may be lower or higher than those shown. Prices and returns will vary, so investors may lose money. Investing for short periods makes losses more likely. Unless otherwise indicated, returns shown are at net asset value and do not reflect a sales charge. If a sales charge had been deducted, the results would have been lower. For current information and month-end results, visit capitalgroup.com.

The value of equities

The first step is to resist the temptation to invest retirement savings too conservatively, such as moving too much into short-term investments like U.S. Treasury bills. While these short-term instruments may make sense as part of a comprehensive retirement income program, their low yields and total returns typically won't cover a retiree's long-term income needs.

The tables below and on the other side show how growth-and-income, equity-income and balanced American Funds with at least a 20-year lifetime fared over rolling monthly 20- and 10-year periods for the lifetime of each fund, assuming regular withdrawals.

- All eight funds would have had money after every 10- and 20-year period.
- Seven of the eight funds would have had more than the initial investment after every rolling 20-year period.
- By comparison, the initial investment in U.S. Treasury bills would have remained intact in 39% of the rolling 20-year periods and 40% of the rolling 10-year periods.*

Keep in mind that the objectives, costs, expenses and relative risks of these investments differ significantly. For example, unlike mutual fund shares, investments in U.S. Treasuries are guaranteed by the U.S. government as to the payment of principal and interest.

Eight American Funds that each would have withstood 20 years of monthly withdrawals totaling \$537,407

Results for each fund are for rolling monthly 20-year periods through 12/31/25 and assume a hypothetical \$500,000 initial investment with annual withdrawals of \$20,000 (taken monthly), increasing by 3% each year.

Periods in lifetime	Growth-and-income funds					Equity-income funds		Balanced fund
	American Mutual Fund® 671	Capital World Growth and Income Fund® 154	Fundamental Investors® 330	The Investment Company of America® 865	Washington Mutual Investors Fund 642	Capital Income Builder® 222	The Income Fund of America® 386	American Balanced Fund® 366
Percent of time the 20-year ending value was ...								
>\$0	100%	100%	100%	100%	100%	100%	100%	100%
>\$500,000	100%	100%	100%	99.8%	100%	100%	100%	100%
Ending values for the best, worst and median 20-year periods								
Best	\$8,414,396 9/74-9/94	\$2,778,292 6/94-6/14	\$10,510,080 3/80-3/00	\$9,563,491 3/80-3/00	\$10,609,461 3/78-3/98	\$3,519,970 11/87-11/07	\$5,575,995 3/80-3/00	\$4,923,996 3/82-3/02
Worst	\$644,557 5/99-5/19	\$740,091 3/00-3/20	\$519,774 3/00-3/20	\$416,970 3/00-3/20	\$516,999 6/99-6/19	\$591,414 12/04-12/24	\$745,259 12/04-12/24	\$820,673 5/99-5/19
Median	\$2,192,762 6/88-8/08	\$1,571,682 2/02-2/22	\$2,247,646 5/95-5/15	\$2,881,643 6/86-6/06	\$2,175,854 5/94-5/14	\$1,293,408 2/96-2/16	\$1,764,035 1/95-1/15	\$1,669,550 4/95-4/15

Results are calculated by Capital Group. All rolling monthly periods are as of the month-end. The share class and withdrawal rate used in this investment scenario are for illustrative purposes only.

Footnote/Important information:

*U.S. 30-day Treasury bills representing 779 rolling monthly 20-year periods and 899 rolling monthly 10-year periods.

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Many investors are concerned about how their retirement savings will fare during future declines, particularly if they are taking withdrawals. Although the past is no guarantee of future results, the table below shows that even during the worst 10-year periods, all of the funds still had money after taking withdrawals totaling \$229,278.

Eight American Funds that would have withstood 10 years of monthly withdrawals totaling \$229,278

Results for each fund are for rolling monthly 10-year periods through 12/31/25 and assume a hypothetical \$500,000 initial investment with annual withdrawals of \$20,000 (taken monthly), increasing by 3% each year.

Periods in lifetime	Growth-and-income funds					Equity-income funds		Balanced fund
	American Mutual Fund	Capital World Growth and Income Fund	Fundamental Investors	The Investment Company of America	Washington Mutual Investors Fund	Capital Income Builder	The Income Fund of America	American Balanced Fund
	791	274	450	985	762	342	506	486
Percent of time the 10-year ending value was ...								
>\$0	100%	100%	100%	100%	100%	100%	100%	100%
>\$500,000	96.0%	93.8%	94.0%	94.5%	93.4%	93.3%	97.8%	98.8%
Ending values for the best, worst and median 10-year periods								
Best	\$2,502,340 9/74-9/84	\$1,486,466 2/95-2/05	\$2,413,351 10/90-10/00	\$2,426,868 8/77-8/87	\$2,555,444 3/80-3/90	\$1,519,812 3/88-3/98	\$1,985,015 3/80-3/90	\$1,840,590 7/82-7/92
Worst	\$341,301 2/99-2/09	\$391,300 10/07-10/17	\$348,921 8/00-8/10	\$315,688 2/99-2/09	\$287,583 4/99-4/09	\$389,485 10/07-10/17	\$438,027 4/99-4/09	\$446,393 2/99-2/09
Median	\$1,040,595 12/93-12/03	\$800,416 6/12-6/22	\$1,170,589 11/09-11/19	\$1,159,930 1/15-1/25	\$1,115,864 3/57-3/67	\$710,597 4/04-4/14	\$967,128 9/95-9/05	\$992,922 7/93-7/03

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Results as of March 31, 2026

Class A shares with the 5.75% maximum sales charge deducted

	Inception date	Total returns (%)	Average annual total returns (%)			Expense ratio (%)
		1 year	5 years	10 years	Lifetime	
Growth-and-income funds						
American Mutual Fund	2/21/50	5.45	8.49	10.13	11.38	0.57
Capital World Growth and Income Fund	3/26/93	16.15	7.74	10.04	10.25	0.73
Fundamental Investors	8/1/78	16.98	10.98	12.98	12.42	0.57
The Investment Company of America	1/1/34	11.40	11.37	12.52	12.12	0.55
Washington Mutual Investors Fund	7/31/52	6.59	10.08	11.92	11.79	0.55
Equity-income funds						
Capital Income Builder	7/30/87	9.73	7.11	6.96	8.70	0.58
The Income Fund of America	12/1/73	9.03	7.12	7.98	10.45	0.56
Balanced fund						
American Balanced Fund	7/26/75	10.66	7.25	8.84	10.31	0.55

Past results are not predictive of results in future periods. Investment results assume all distributions are reinvested and reflect applicable fees and expenses. The expense ratios are as of each fund's prospectus available at the time of publication. When applicable, results reflect fee waivers and/or expense reimbursements, without which they would have been lower. Refer to capitalgroup.com for more information.

Investing outside the United States involves risks, such as currency fluctuations, periods of illiquidity and price volatility. These risks may be heightened in connection with investments in developing countries. Lower rated bonds are subject to greater fluctuations in value and risk of loss of income and principal than higher rated bonds. The return of principal for bond portfolios and for portfolios with significant underlying bond holdings is not guaranteed. Investments are subject to the same interest rate, inflation and credit risks associated with the underlying bond holdings.

This content, developed by Capital Group, home of American Funds, should not be used as a primary basis for investment decisions and is not intended to serve as impartial investment or fiduciary advice.

Investors should carefully consider investment objectives, risks, charges and expenses. This and other important information is contained in the fund prospectuses and summary prospectuses, which can be obtained from a financial professional and should be read carefully before investing. If used after June 30, 2026, this single sheet must be accompanied by a current American Funds quarterly statistical update.

Capital Client Group, Inc.